

YOUR BLOODWORK

Laura Kozel
History

Latest test May 23, 2022

Laura Kozel

History

Data exported May 27, 2022

	Reference range	05-23-2022 Ultimate
Cognition		
Magnesium (mg/dL)	1.5 - 2.5	2.2 ●
Vitamin B12 (pg/mL)	200 - 1100	336 ●
Folate (ng/mL)	3.4 - 40	18.3 ●
RBC Magnesium (mg/dL)	4 - 6.4	6.6 ●
Inflammation		
White blood cells (thousands/uL)	3.8 - 10.8	5.6 ●
hsCRP (mg/L)	0 - 3	2.7 ●
Neutrophils (cells/μL)	1500 - 7800	3041 ●
Basophils (cells/μL)	0 - 200	28 ●
Eosinophils (cells/μL)	15 - 500	151 ●
Lymphocytes (cells/μL)	850 - 3900	1887 ●
Monocytes (cells/μL)	200 - 950	493 ●
Neutrophils (percent) (%)	39 - 75	54.3 ●
Eosinophils (percent) (%)	0 - 7	2.7 ●
Basophils (percent) (%)	0 - 2	0.5 ●
Lymphocytes (percent) (%)	16 - 47	33.7 ●
Monocytes (percent) (%)	4 - 12	8.8 ●
Metabolism & Weight Control		
Glucose (mg/dL)	65 - 99	84 ●
Total cholesterol (mg/dL)	125 - 200	191 ●
HDL (mg/dL)	50 - 200	59 ●
LDL (mg/dL)	0 - 100	110 ●
Triglycerides (mg/dL)	0 - 150	117 ●
HbA1c (%)	3 - 5.7	5 ●

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Strength & Endurance		
Creatine kinase (U/L)	29 - 110	112 ●
Testosterone (ng/dL)	2 - 45	5 ●
Cortisol (µg/dL)	4 - 22	5.3 ●
SHBG (nmol/L)	17 - 124	66 ●
Bone & Muscle Health		
Calcium (mg/dL)	8.6 - 10.4	9.1 ●
Vitamin D (ng/mL)	30 - 100	36 ●
Electrolytes & Fluid Balance		
Potassium (mmol/L)	3.5 - 5.3	3.9 ●
Sodium (mmol/L)	135 - 146	138 ●
Oxygen Transfer & Blood Function		
Ferritin (ng/mL)	10 - 232	50 ●
Hemoglobin (g/dL)	11.7 - 15.5	14.2 ●
Iron (ug/dL)	45 - 160	112 ●
TIBC (ug/dL)	250 - 450	351 ●
TS (%)	11 - 50	32 ●
Red blood cells (x10E6/µL)	3.8 - 5.1	4.6 ●
Hematocrit (%)	35 - 45	42.5 ●
MCV (fL)	80 - 100	91.8 ●
MCH (pg)	27 - 33	30.7 ●
MCHC (g/dL)	32 - 36	33.4 ●
RDW (%)	11 - 15	12.4 ●
Platelets (thousands/uL)	140 - 400	190 ●
MPV (fL)	7.5 - 12.5	10.5 ●

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Liver Function & Toxicity		
ALT (U/L)	6 - 29	14
Albumin (g/dL)	3.6 - 5.1	4.5
AST (U/L)	10 - 35	18
GGT (U/L)	3 - 70	17
Sex Hormones		
DHEAS (µg/dL)	8 - 188	30